

2021

新宿区

# Health Checkup and Cancer Screening Handbook



## Health Checkup

**Eligible person** Residents aged **16 and older**

However, residents aged 40 to 74 are limited to those who are National Health Insurance members or those who receive the Public Assistance, etc.

**Cost** **No fee**

※ If you will have a comprehensive medical examination or a business owner's medical examination, please refer page 8 of this pamphlet (Shinjuku City National Health Insurance member)



## Cancer Screening

**Eligible person** **Shinjuku City residents.**

The screenings that can be taken vary depending on the age.

**Cost** **Paid service** (there is a fee exemption program)



## Hepatitis Virus Screening

**Eligible person** Shinjuku City residents who are aged 40 and older and have never been screened for hepatitis virus.

**Cost** **No fee**



## Other information

Dental Health Checkup  
Medical Notebook

### Flow of Health Checkup



Make sure that you have a required health checkup form or cancer screening form

※ You cannot receive a medical examination without the required health checkup form/cancer screening form.

Select a medical institution (P11~)

Take a medical examination with a health checkup form or cancer screening form

※ If you want to use the cancer screening cost exemption program, you need to apply prior the procedure ③ (P6).

健康診査・がん検診の外国語版案内（英語・中国語・韓国語）があります。/ 健康づくり課健診係 ☎03(5273)4207(日本語対応)でご連絡ください。

There are foreign language guide pamphlets in English, Chinese or Korean for Health Checkup and Cancer Screening. / Please contact Health Promotion Division Health Checkup Section ☎ 03 (5273) 4207 (in Japanese).

健康检查、癌症筛查的外语版指南小册子（英文，中文，韩文）可直接与。/ 健康促进课健诊系联系。☎03(5273)4207（日语受理）  
건강진단·암 검진의 외국어판 안내책자（영어·중국어·한국어）의 청구처/건강추진과 검진계 ☎03(5273)4207（일본어 대응）

# Health Checkup (No fee)

You can have a **ONCE** a year  
No medical certificate will be issued.

Performing Institutions	Eligible Person	Period
A list of medical institutions is posted on pages 11 to 22.	16 ~ 39 years old	June 1, 2021 ~ ~ March 31, 2022
	40 ~ 74 years old	
	75 years old and older	May 1, 2021 ~

(Age is full age at the time of birthday before March 31, 2022)

## Precautions before going to a health checkup



In order to get accurate blood test values, do not eat or drink anything other than water 10 hours prior to the health checkup. Even if the checkup is in the afternoon, take light breakfast and do not eat or drink anything other than water after that.



If you are taking medication, please consult your doctor about how to take medication on the day of the health checkup. In addition, for health question 1 to 3, please indicate whether or not you are taking medication for the treatment, not whether or not you are taking medicine on the day of the health checkup.



Please refrain from alcohol intake and strenuous exercise the day before the health checkup.



There are an abdominal girth measurement, an electrocardiogram examination, etc., so please wear clothes that are easy to put on and take off.



Please bring your health insurance card on the day of the health checkup as we will confirm your address and insurance. (Those who are receiving the Public Assistance, etc. are not required.)

### Health checkup item

- Interview
- Body measurements
- Physical examination
- Blood pressure measurement
- Urinalysis
- Blood test

Required checkup item

- Chest x-ray examination ※
  - Those who are aged 65 and older must have this for early detection of tuberculosis etc.
  - It is voluntary for those who are aged 16-64

Additional tests

- Electro-cardiogram (Determined necessity by a doctor)
- Eye fundus examination (those who are aged 40 and older and determined necessity by a doctor)

※ For those who are aged 80 and older  
Approximately 40% of newly registered tuberculosis patients in 2019 are aged 80 and older. So that is important to have a health checkup once a year.

### What kind of illness can be found?

A few tests can detect signs of more than **20** illnesses.

In addition to the following, it may lead to the detection of various diseases.

#### Blood lipids

- Signs of illness**
- Dyslipidemia
  - Hypothyroidism
  - Arteriosclerosis
  - Fatty liver

- Tests**
- LDL cholesterol
  - HDL cholesterol
  - Triglyceride

#### Blood pressure

- Signs of illness**
- Hypertension
  - Arteriosclerosis

- Tests**
- Systolic blood pressure
  - Diastolic blood pressure

#### Blood sugar

- Signs of illness**
- Diabetes
  - Chronic pancreatitis
  - Diabetic nephropathy

- Tests**
- Fasting blood Glucose
  - HbA1c

#### Renal function

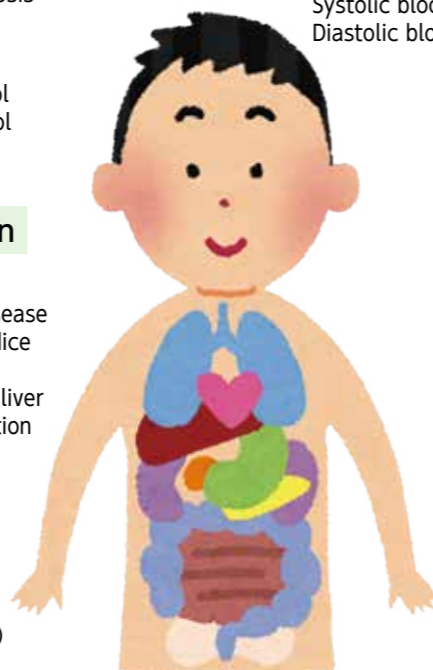
- Signs of illness**
- Glomerulonephritis
  - Diabetic nephropathy
  - Nephrotic syndrome

- Tests**
- Urine protein
  - eGFR

#### Liver function

- Signs of illness**
- Alcoholic liver disease
  - Obstructive jaundice
  - Cholelithiasis
  - Hepatitis
  - Fatty liver
  - Myocardial infarction
  - Polymyositis
  - Cirrhosis
  - Liver cancer

- Tests**
- γ-GT(γ-GTP)
  - AST(GOT), ALT(GPT)



### Blood test details

Total protein, Serum albumin, AST (GOT), ALT (GPT), ALP, γ-GT (γ-GTP), Urea nitrogen, Creatinine, eGFR, Uric acid, Total cholesterol, Triglyceride, HDL cholesterol, LDL cholesterol, Non-HDL cholesterol, Blood sugar, HbA1c (NGSP value), White blood cell count, Red blood cell count, Hematocrit value, Blood pigment amount, Platelet count

## Frequent Q&A about Health Checkup

**Q** I'm too busy to take time ...



**A** Busier people are more likely to get lifestyle-related diseases. A health checkup is necessary to lead a healthy life. Some medical institutions perform health checkups on Sundays. Please see page 11 for medical institutions that are open on Sundays.

**Q** How much does it cost?



**A** Shinjuku City will bear the full cost of the health checkup  
Regular health checkup costs About 13,000 yen **Free of charge**

**Q** Even though I took it last year, do I have to take it this year again?



**A** Lifestyle-related diseases progress without subjective symptoms. Even if no problem was found with the health checkup last year, it is important to check the changes once a year.

**Q** Should I get a health checkup even though I have been under care of my doctor?



**A** Those who are under care of a doctor also be eligible. The purpose of a health checkup is different from that tests for "treatment" performed at a hospital, so even if you are under the treatment, please consult with your doctor and get the health checkup.

If you are aged 40 to 74 (including dependents) and are enrolled in a health insurance other than Shinjuku City National Health Insurance such as Health Insurance Association, Mutual Aid Association, Health Insurance Organization, National Health Insurance Association, health checkups are provided by each insurer. For more information, please contact your medical insurer.  
If you are aged 40 to 74 and have switched from Shinjuku City National Health Insurance to another health insurance such as a social insurance as of the date of consultation, you will not be able to receive a health checkup.

The health checkup form will be inspected by an agency. The anonymized will be submitted as a performance report to the national government. In addition, the results of the health checkup will be registered as electronic data. Those data will be used for maintaining and improving the health of everyone and as statistical data under proper management based on the Shinjuku City Personal Information Protection Ordinance.

# Cancer Screening

You can get a cancer screening regardless of the type of health insurance you have. It is important to get cancer screening regularly for early detection of cancer.

Performing Institutions	Period		
A list of medical institutions is posted on pages 11 to 22.	Aged 74 and younger	June 1, 2021 ~	~ March 31, 2022
	Aged 75 and older	May 1, 2021 ~	※ However, a Gastric endoscopy is available until January 31, 2022

- You can get a cancer screening with **approximately 10% of a self-financed examination cost.**
- **For households exempt from the special resident tax, there is a program that exempts you from out-of-pocket payments for medical examinations.**
- For details, see "Cancer Screening Q & A" on page 6.
- Please bring your **health insurance card**, etc. when you visit the clinic. Medical institutions will notify you of the results of the screening within approximately 4 weeks.



After the examination, please visit the clinic at the designated date and time (depending on the medical institution, you may be notified of the results by mail).

Cancer Screening Type		Out-of-pocket amount	Eligible Person	Examination Interval	Details and Precautions	Subjective Symptoms
Gastric cancer	Gastric endoscopy (Until January 31, 2022)	2,000yen	<b>Aged 50 and older</b> ※① In the year following the city's gastric endoscopy, the city's gastric cancer screening will not be available. ② Those who are aged 40 to 49 are also eligible for gastric X-rays.	<b>Once every two years</b> ※ You can choose to have a gastric X-ray examination every year upon your request.	• Insert an endoscope (camera) through your mouth or nose and observe the inside of your stomach. • If the tissue is collected during the examination, it will be covered by insurance and additional costs will be incurred. • Additional costs will be incurred if testing of infectious diseases at the time of examination be performed or additional drugs be used. • Before performing the examination, you will receive an explanation from your doctor and be asked to sign the consent form. • There are dietary restrictions from the day before. For details, follow the instructions of the medical institution you visit.	If you have a subjective symptom, please seek medical attention immediately instead of a cancer screening.
	Gastric X-ray examination (Barium)	1,900yen			• Take barium and take an X-ray of the stomach. • There are dietary restrictions from the day before. For details, follow the instructions of the medical institution you visit.	
Colorectal cancer (fecal occult blood test)		600yen	Aged 40 and older	Once a year	• A test to detect blood mixed in stool. Collect stools for 2 days in advance at home. • The test kit will be distributed by the medical institution.	
Lung cancer	Chest X-ray examination	900yen	Aged 40 and older	Once a year	• X-ray images of the chest are taken from two directions, front and side.	
	Chest X-ray examination + Sputum cytology	1,200yen	Aged 50 and older who have a high smoking index		• X-ray images of the chest are taken from two directions, front and side. • Additional sputum cytology will be performed for those with a smoking index (number of cigarettes smoked per day x years of smoking) of 600 or more (including past smoking).	
Cervical cancer (Cervical cytology)		900yen	Women aged 20 and older who are even number age ※ Those who are odd number age but have not undergone a screening test last year are eligible for a screening test this year.	Once every two years	• Perform a visual examination and a vaginal examination, then collect cells with a special instrument. ※ Avoid taking the test during menstruation.	
Breast cancer (Mammography)		800yen	Women aged 40 and older who are even number age ※ Those who are odd number age but have not undergone a screening test last year are eligible for a screening test this year.	Once every two years	• A machine called mammography is used to take X-rays across the breast while firmly pressing and flattening the breast by 2 plates. Aged 40-49... 2-way shooting    Aged 50 and older ... 1-way shooting ※ If you had breastfed any time during last 6 months, please contact the medical institution in advance to inquire about the availability of a screening test. ※ Those who fall under any of the following ① to ⑤ cannot undergo breast cancer screening. ① Those who wear medical devices such as cardiac pacemakers and CV ports ② Those who have undergone breast augmentation    ③ Those who are breastfeeding ④ Those who are pregnant or have a possibility of pregnancy ⑤ Also, those who were deemed by a doctor that the mammography was inappropriate	
Prostate cancer (PSA test) ※ Unlike the above five type of cancer screenings, this is a cancer screening conducted by the local government that is not included in the national guidelines.		200yen	Men aged 50 and older	Once a year	• Blood is collected to measure PSA that is a tumor marker for prostate cancer. • How to get a screening test Those who are eligible to a health checkup → It will be taken at the same time as the health checkup. You do not need to request a health checkup form. When you go to the health checkup, please tell the medical institution that you would like to have a prostate cancer screening. (However, those who want to be exempted from the out-of-pocket payment or who are receiving the Public Assistance need to apply in advance separately). Those who are eligible to health checkups cannot undergo a prostate cancer screening alone. Those who are not eligible to health checkup → You need to request a health checkup form. Please request a health checkup form to the Health Promotion Division Health Checkup Section (the address is listed on the back cover of this pamphlet).	

※ Age is the full age at the time of birthday by March 31, 2021

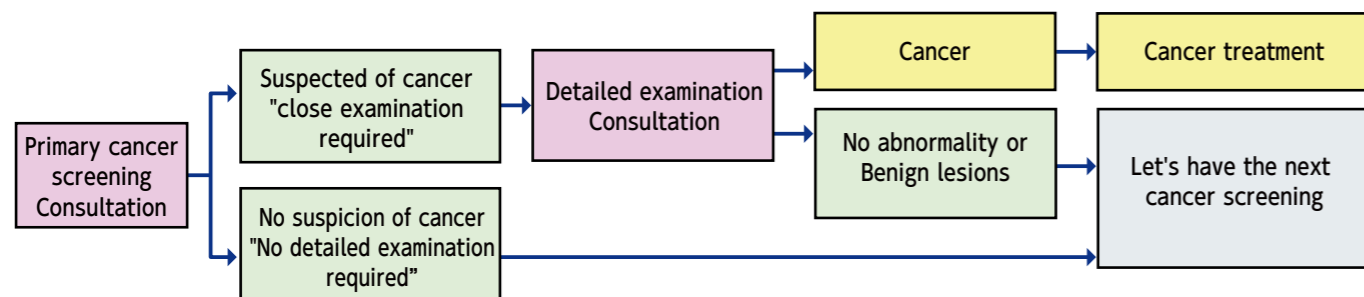
※ The cancer screenings are conducted in cooperation with the local government and each medical institution. The results of the detailed examination will be shared with the relevant organizations.  
 ※ If an illnesses that need treatments is found, you may be covered by insurance.

# What you need to know about cancer screening

Currently, cancer is the leading cause of death for Shinjuku residents. Advances in diagnosis and treatment are making early detection and treatment possible for some cancers. Cancer screening has its advantages and disadvantages, but if you do it right, you can reduce cancer deaths.

## 1. Flow of Cancer Screening

Japanese government recommends screening for five type of cancers that have been recommended



## 2. Detailed Examination Methods

Cancer screening type	Main detailed examination methods
Cancer screening type	● Gastric endoscopy
Gastric cancer	● Colonoscopy ● Combined use of Sigmoidoscopy and Barium enema X-ray examination
Colorectal cancer	● CT Scan ● Bronchoscopy
Lung cancer	● Combined use of histologic or cytologic colposcopy and HPV test
Cervical cancer	● Additional mammography ● Ultrasonography ● Fine needle aspiration cytology and needle biopsy

## 3. Cancer Screening Advantages and Disadvantages

Understand the advantages and disadvantages of cancer screening correctly, and have the correct knowledge to undergo cancer screening.

### Advantages

- Save lives by early detection and early treatment**  
The biggest advantage of cancer screening is to save lives by finding cancer early.
- Easy to treat cancer**  
Cancer screening is for "healthy people who have no symptoms at the time of screening". Therefore, it is easy to find cancer in the "early stage" in the examination, and most of the early cancers are cured, and the treatment is less burdensome to the body.
- Peace of mind that "no abnormality" has been confirmed**  
If you have a cancer screening and can confirm that you do not have cancer, you will be relieved.

### Disadvantages

- Cancer screening does not find 100% of cancer (false negative)**  
No matter how excellent the examination is, it is not 100% accurate. If the cancer is too small, hard to find, or has a hard-to-find shape, it may be missed even after being tested. This oversight is called a "false negative" and depends on the type of cancer and the accuracy of the test.

- As a result, it leads to unnecessary treatment and tests (overdiagnosis / false positive)**  
Some cancers found by screening are small and do not become advanced cancer after that. Treatment in this case may not have been necessary in the first place, and this is called "overdiagnosis." In addition, if the cancer screening determines that you are "suspicious of cancer," you must undergo a detailed examination. However, as a result of undergoing a detailed examination, it is often the case that "it was not cancer". This is called a "false positive" in the screening. This false positive is also unavoidable to some extent.
- Accidents may occur by performing the test**  
In rare cases, an accident may occur if you undergo an examination as a health checkup. This is called "incident". It is low possibility but even careful examinations cannot eliminate the chance of such an incident.
- Psychological effects of medical examination**  
When undergoing cancer screening, a psychological burden that varies from person to person may be considered. If you are suspected of having cancer by a medical examination, you will have to undergo a detailed examination, but the psychological burden of getting the test results is heavy.

## Cancer Type Recommended for Screening

The reduction of cancer mortality because of cancer screenings has been verified by scientific methods. The government has set cancer screenings where the advantages outweigh the disadvantages and recommended the following five types of cancer screenings.

- Gastric cancer**: Many people are affected after their 50s, and it is the leading cause of death from cancer.
- Lung cancer**: The mortality rate from lung cancer is the highest among any type of cancers. Smoking is the number one cause of lung cancer, but second-hand smoke increases the risk even for non-smokers.
- Breast cancer**: Many women suffer from breast cancer, and it is the leading cause of death from cancer.
- Colorectal cancer**: The number of colorectal cancer patients is increasing, and it is the leading cause of death from cancer.
- Cervical cancer**: Many women suffer from cervical cancer, especially among young people aged 20 to 30.

## Cancer Screening Q&A

- Q** Is there any program for exemption from out-of-pocket payments?  
**A** The following people are exempted from out-of-pocket payments.  
① You must apply for it in advance at the city office. There is no exemption (refund) after receiving a cancer screening.  
➔ Before going to the screening, you must come to the Health Promotion Division Health Checkup Section or to your local health center to fill the required items on "Exemption from Out-of-pocket Payment for Cancer Screening in Shinjuku City"(Exemption Confirmation Consent Form). Then submit the form together with the cancer screening form to the Health Checkup Section or the health center.  
② Those who receive the Public Assistance and support benefits for "Japanese who Left Behind in China", etc.  
➔ No exemption application is required. "Exemption" is pre-printed in the "Out-of-pocket Amount" column of the cancer screening form.  
If the amount is listed in the "Out-of-pocket Amount" column of the cancer screening form, please contact the Health Promotion Division Health Checkup Section at ☎ 03(5273)4207.
- Q** Until when can I have a gastric endoscopy?  
**A** Until January 31, 2022  
Those who are aged 50 and older can get a gastric endoscopy once every two years. You may not be able to make a reservation when the deadline is approaching. Please make a reservation early.
- Q** Can I have a breast ultrasonography or colonoscopy with the health checkup program by Shinjuku City?  
**A** No, you cannot do.  
Generally, Shinjuku City follows the national guidelines established based on scientific grounds that are determined as effective screening methods.  
If you would like to have a medical examination that is not performed by the city, such as a breast ultrasonography or colonoscopy, you can do at your own expense.

# Hepatitis Virus Screening (No fee)

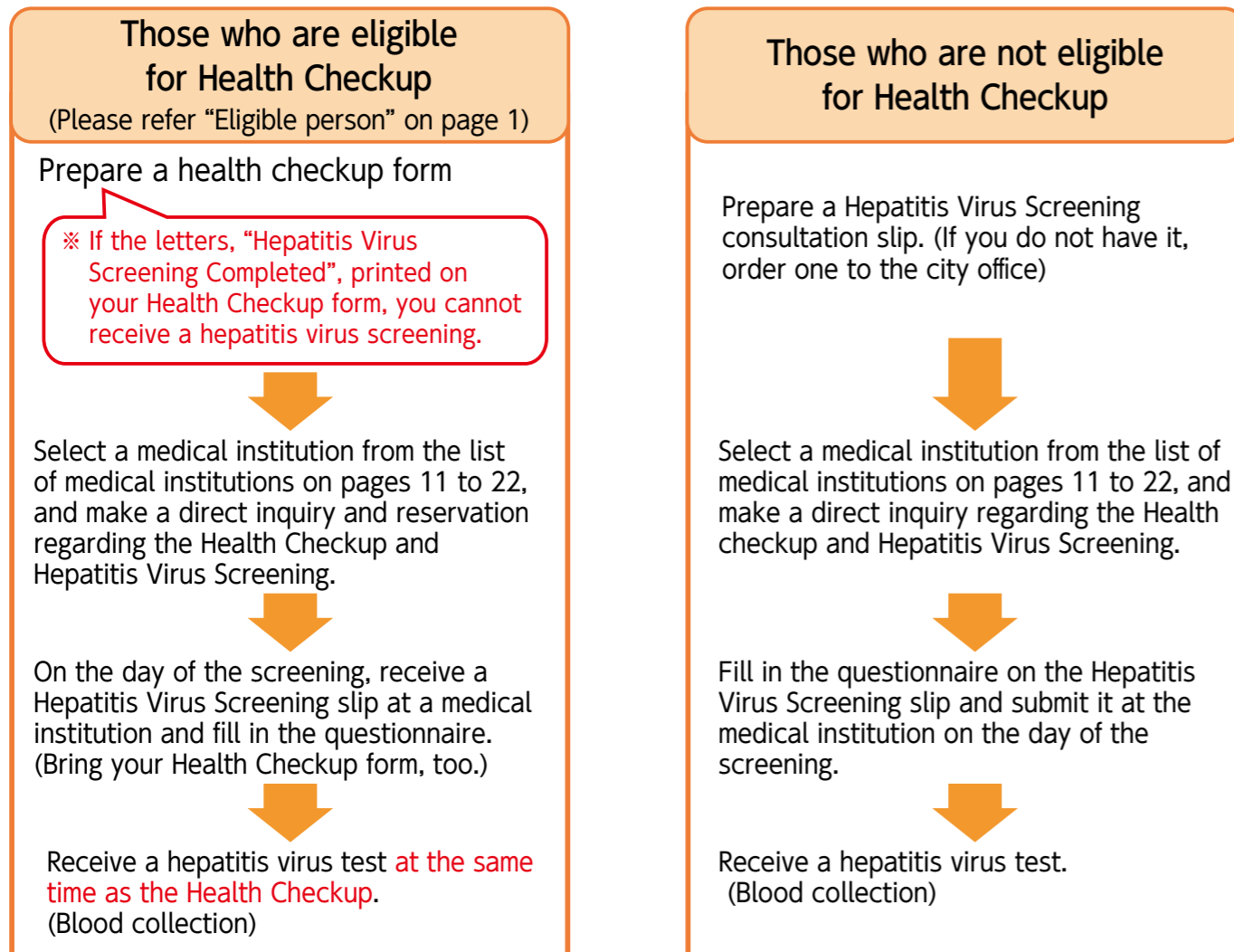
Performing Institution	Eligible person	Period	
A list of medical institutions is posted on pages 11 to 22	40 ~ 74 years old	June 1, 2021 ~	~ March 1, 2022
	75 years old and older	May 1, 2021 ~	

(The age is the full age at the time of the birthday before March 31, 2022.)

**Eligible person** Shinjuku City residents who are **aged 40 and older and have never been screened for hepatitis virus.**

**Objective** Hepatitis Virus Screening aims to avoid health problems caused by hepatitis and reduce symptoms or delay progression by recognizing the status of hepatitis B and C virus infections and receiving treatment as needed.

## Flow of Hepatitis Virus Screening



The results of Hepatitis Virus Screening will be registered as electronic data and will be used for maintaining, improving the health of everyone, also used for statistically reporting, under proper management based on the Shinjuku City Personal Information Protection Ordinance.

For those who receive a comprehensive medical examination or a business owner's medical examination ※1

~ Please submit results of medical examinations ~



If you submit the results of a comprehensive medical examination or business owner's medical examination that meets the required items \* 2 to the city, it is considered that you have undergone a specific health examination of Shinjuku City. If you are eligible, you can receive health supports such as health guidance with **free of charge**.

**Eligible person** Those who are aged 40 to 74 and are members of Shinjuku City National Health Insurance and who do not undergo a specific health checkup of Shinjuku City but undergo a comprehensive medical examination or business owner's medical examination, etc.

- Method**
- ① Please inform the eligible person that you have received a medical examination to the Shinjuku City Health Department Health Promotion Division Health Checkup Section.
  - ② The Health Checkup Section will send the documents to the eligible person.
  - ③ Please put the necessary documents in the reply envelope enclosed in ② and return it to the Health Checkup Section.
  - ④ We will check the contents at the Health Checkup Section and send you information of health supports such as the specific health guidance if you are eligible.

- ※ 1 This is a medical examination conducted by the employer for employees based on the Industrial Safety and Health Law.  
 ※ 2 The required items are as follows.

Required items
● Height, weight, abdominal circumference, interview
● Blood pressure
● Triglyceride, HDL cholesterol, LDL cholesterol, Non-HDL cholesterol
● ALT(GPT), AST(GOT), $\gamma$ -GT( $\gamma$ -GTP)
● Fasting blood glucose, HbA1C
● Urine sugar, urine protein

**Contact**

**Shinjuku City Health Department Health Promotion Division Health Examination Section**  
 The reception of results from comprehensive medical examinations, etc.  
**TEL : 03(5273)4207**  
**FAX : 03(5273)3930**

The result of a comprehensive medical examination and business owner's medical examination, etc. that are submitted to the city will be digitally recorded under proper management based on the Shinjuku City Personal Information Protection Ordinance, and use it for health guidances and statistical information for residents.

# This is a good time to review your Check the results of your health checkup

# lifestyle after having a heal checkup and use the city's health support

## 1. Specific health guidance / Non-obesity health guidance

Reservation required  
No fee

As a result of the health checkup, professionals (registered dietitians, public health nurses, doctors, etc.) will provide support for improving lifestyle-related diseases for those who are at high risk of lifestyle-related diseases. Specific health guidance includes active support and motivational support.

A form that the city send to eligible people is required

**Eligible person** Members of Shinjuku City National Health Insurance who are aged 40 to 74 and are determined to be at risk of lifestyle-related diseases as a result of the health checkup.

We will send the following information to the eligible people.  
(Sending approximately 2 months after the month of medical checkup)



### Contents

First interview and telephone support (for 3 months)



### Performing institutions

**Specific health guidance**  
Private contractor (venue: each health center) or medical institution that implements specific health guidance.  
Please refer the List of Medical Institutions Implementing Specific Health Guidance on P24.

**Non-obesity health guidance**  
Private contractor (venue: each health center)

### Interview location

## Health guidance Q&A

**Q** I received a health guidance envelope. Should I use it even my health condition is good?



**A** Now is the good time to use it because you have no subjective symptoms.  
When the disease develops and becomes severe, treatments require time and medical expenses. It is recommended to utilize the health guidance when you are suggested.

**Q** I used it last year. Do I need to do this year as well?



**A** Please use it if you are eligible.  
Lifestyle improvement is quite difficult. It is recommended to use it again this year to maintain a healthy lifestyle.

## 2. Health consultation

Reservation required  
No fee

Professionals (public health nurses / registered dietitians, dental hygienists) will provide individual consultations for those who have health concerns such as lifestyle-related diseases, periodontal disease, osteoporosis, women's health, and smoking cessation.

**Eligible person** Shinjuku City residents who are aged 16 and older

### Performing institutions

- Any local health centers
- Ushigome Health Center 03 ( 3260 ) 6231
  - Yotsuya Health Center 03 ( 3351 ) 5161
  - Higashi Shinjuku Health Center 03 ( 3200 ) 1026
  - Ochiai Health Center 03 ( 3952 ) 7161

# List of Medical Institutions

[as of April 1, 2021]

Please check the available Health Checkups & Medical Examinations conducted by each medical institution and select one medical institution for you. Inquire directly the medical institution about availability, application, etc. In addition, on the city's website, a list of medical institutions that can communicate in foreign languages is posted. Use "Tokyo Medical Institution Service Himawari" etc. to check the consultation hours.



QR Code for Shinjuku City's Website

## ● Shinjuku City Medical Association City Health Center

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>	Address	Telephone Number																					
Shinjuku City Medical Association City Health Center	<table border="1"> <tr> <td>Health checkup</td> <td colspan="6">Cancer Screening</td> </tr> <tr> <td>Hepatitis</td> <td>Prostate</td> <td>Gastric</td> <td>Colorectal</td> <td>Lung</td> <td>Uterus</td> <td>Breast</td> </tr> <tr> <td></td> <td>Endoscope</td> <td>X-ray</td> <td></td> <td></td> <td></td> <td></td> </tr> </table>	Health checkup	Cancer Screening						Hepatitis	Prostate	Gastric	Colorectal	Lung	Uterus	Breast		Endoscope	X-ray					7-26-4, Shinjuku	03-3205-2111
Health checkup	Cancer Screening																							
Hepatitis	Prostate	Gastric	Colorectal	Lung	Uterus	Breast																		
	Endoscope	X-ray																						

## ● Medical institutions available on Sundays

※ Examinations in columns of  are available only weekdays.

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>							Detail	Address	Telephone Number
	Health checkup	Hepatitis	Prostate	Gastric	Colorectal	Lung	Uterus			
Yotsuya Nagashima Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted on the 1st to 4th Sunday of every month (10: 00-13: 00). Reservation required	1-4-7, Wakaba, Shinjuku-ku	03-5368-1686
Shinanomachi Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted every week (8: 30-9: 00). Reservation required. Up to 1 or 2 people.	Toshin Shinanomachi Station Front Bldg. 3F, 34 Shinanomachi, Shinjuku-ku	03-3359-5147
Ladies Life Clinic Shinjuku	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly. No reservation required. Inquire the time.	Shinjuku Isetan Main Bldg. B2F 3-14-1, Shinjuku	03-6273-1220
Shinjuku City Medical Association City Health Center	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly (with irregular closing-days). Reservation required. (The waiting room is the same as the holiday medical service)	7-26-4, Shinjuku, Shinjuku-ku	03-3205-2111
Kagurazaka Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly. Reservation required.	3-6, Kagurazaka, Shinjuku-k Kondo Bldg. 1F	03-3269-7267
Kagurazaka Ladies Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Scheduled to be conducted on Sundays about four times a year. Details will be posted on the clinic website one month before the implementation.	5-32, Kagurazaka, Shinjuku-ku Omiya Bldg. 4F	03-5579-2198
Kurosaka Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted on days other than the second Sunday of every month. Reservation required.	25 Shiroganecho	03-3260-3590
Edogawabashi Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted irregularly. Reservation required.	33 Kaitaicho, Shinjuku-ku	03-3269-7855
Shinjuku Tomihisa Cross Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly. Reservation required.	Tomihisa Cross 1F, 17-2, Tomhisacho, Shinjuku-ku	03-3353-2111
Takako Ladies Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted on the last Sunday of every month (10: 00-13: 00). No reservation required. It may be changed.	Camellia Court Shinjuku 2F, 1-24-2, Hyakunincho, Shinjuku-ku	03-5386-1155
Takadanobaba Internal Medicine and Dermatology Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly. Reservation required.	2-18-20, Nishiwaseda, Shinjuku-ku	03-3207-1177
Kamiochiai Shin Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted irregularly once a month. Reservation required.	Korakutei Bldg. 1F & 2F, 1-5-4, Kamiochiai	03-3363-5820
Ochiai Station Front Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly (with irregular closing-days). No reservation required.	Kato Bldg. 1F, 3-10-3, Kamiochiai, Shinjuku-ku	03-5348-6535
Shinjuku Station Front Sakura Ladies Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly (11:00 to 18:00). Reservation required.	Shinjuku Dai-ichi Bldg. 9F, 1-3-17, Nishishinjuku, Shinjuku-ku	03-5989-0022
Plaza 30th Floor Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted irregularly. Reservation required.	Keio Plaza Hotel Main Bldg. 30F, 2-2-1, Nishishinjuku, Shinjuku-ku	03-5323-4330
Nanju Memorial Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Need to inquire the date of medical examination. Reservation required.	Shinjuku Sumitomo Bldg. 3F, 2-6-1, Nishishinjuku, Shinjuku-ku	03-3344-6666
Shinjuku Breast Center Kusama Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conducted weekly. Reservation required.	Barbizon 87 Bldg. 4F, 7-11-9, Nishishinjuku, Shinjuku-ku	03-3366-2117

## ● Medical Institutions in Shinjuku City

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>							Address	Telephone Number
		Health checkup	Hepatitis	Prostate	Gastric	Colorectal	Lung	Uterus		
A. Yotsuya District	Yotsuya Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-2-30, Yotsuya, Dai-ni Yotsuya Nakamura Bldg. 3F,	03-3226-9028
	Shimizu Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-6-3-101, Yotsuya	03-3351-2490
	Yotsuya Murakawa Internal medicine clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-13, Yotsuya, Sansui Bldg. 1F,	03-5366-1024
	Sato Internal Medicine and Pediatric Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-15-1F, Yotsuya	03-3351-3007
	KeiAi Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Kei Ai Medical Bldg., 1-20-23, Yotsuya	03-5269-2111
	Takamura Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3-10, Yotsuya	03-3351-3610
	Yotsuya Nagashima Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-4-7, Wakaba	03-5368-1686
	Suda Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 Sugacho	03-5366-0760
	Yotsuya Kawazoe Obstetrics and Gynecology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	18 Samonncho	03-3351-2315
	Yotsuya Internal Medicine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yotsuya Medical Bldg. 2F, 20 Samonncho	03-5368-0675
	Shinanomachi Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toshin Shinanomachi Station Front Bldg. 3F, 34 Shinanomachi	03-3359-5147
	Ozaki Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8-8, MinamiMotomachi	03-3357-5233
	Sumitomo Internal Medicine Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Morihatsu Bldg. 2F, 4 Arakicho4	03-5362-3288
	Magari Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6-34, Arakicho	03-5362-5531
	Hayashi Aizumi Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8-12, Aizumicho	03-6380-5438
	Hirayama Gastric and Intestiny Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Daikyochō PJ Bldg. 1F, 22-2, Daikyochō	03-3359-5311
	Hayashi Surgical Hospital	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	27 Daikyochō	03-3357-3161
	Koraku Medical Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-8-11, Shinjuku	03-3355-0282
	Hanazono Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1-30-6, Shinjuku	03-3351-6957
	Hirooka Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Forcast Shinjuku Avenue 3F, 2-5-12, Shinjuku	03-3225-1720
Shinjukugyoen Sho Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dai-san Tamaya Bldg. 1F, 2-15-26, Shinjuku	03-3358-1195	
Shinjuku Station Front Obstetrics and Gynecology Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Keio Shinjuku Oiwake Dai-ni Bldg. 4F, 3-1-16, Shinjuku	0120-900-287	
Shinzannkai Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diane Shinjuku Bldg. 9F, 3-11-11, Shinjuku	03-3341-1007	
Ladies Life Clinic Shinjuku	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shijuku Isetan Main Bldg. B2F 3-14-1, Shinjuku	03-6273-1220	
Hibara Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3-32-5, Shinjuku	03-3352-6687	
My City Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Atariyama Bldg. 6F, 3-25-10, Shinjuku	03-3354-3411	
Miraza Shinjuku Tsurukame Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Miraza Shinjuku 7F, 3-36-10, Shinjuku	03-6300-0063	

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>							Address	Telephone Number		
		Health checkup	Hepatitis	Cancer Screening				Colorectal				
				Prostate	Gastric	Lung	Uterus				Breast	
A. Yotsuya District	Nabitas Clinic Shinjuku								Newman Shinjuku 7F, 4-1-6, Shinjuku	03-5361-8383		
	Fujimura Internal Medicine and Surgical Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Hoshu Bldg., 5-10-12, Shinjuku	03-3351-0575		
	Fuyo Clinic Lifestyle Medicine Center	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	5-14-5, Shinjuku	03-3350-6731
	Sawada Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			5 Bldg. 1F, 6-23-7-101, Shinjuku	03-3355-6227
	Shinjuku Eastside Takeuchi Internal Medicine	Health checkup	Hepatitis	Prostate			Colorectal				Shinjuku Eastside Square B1F, 6-27-30, Shinjuku	03-6205-5315
	Shinjuku City Medical Association City Health Center	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	7-26-4, Shinjuku	03-3205-2111
	Aso Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			1-5, Yotsuya San-eicho	03-3351-3224
	Tanaka Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				YS Bldg. 1F, 4-11, Yotsuya San-eicho	03-3351-1815
	Ota Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			Ota Bldg. 1F, 9-6, Yotsuya San-eicho	03-5366-3213
B. Tansu District	Nankai Memorial Clinic					Colorectal					1-1-3, Ichigaya Tamachi	03-5261-0720
	Japan Family Planning Association Ichigaya Clinic							Uterus			Health Center New Building 2F, 1-10, Ichigaya Tamachi	03-3235-2694
	Okabe Fujiko Internal Medicine and Cardiovascular Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			1-19-3F, Ichigaya Tamachi	03-3269-1021
	Tokyo Preventive Medicine Association Health Center Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	1-2, Ichigaya Sadoharacho	03-3269-2190
	Kurasawa Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Kagurazaka Center Bldg. 6F, 3-5, Kagurazaka	03-5206-8820
	Kagurazaka Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			Kondo Bldg. 1F, 3-6, Kagurazaka	03-3269-7267
	Kagurazaka Ladies Clinic							Uterus			Omiya Bldg. 4F, 5-32, Kagurazaka	03-5579-2198
	Kikuchi Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			Shioya Bldg. 1F, 6-25, Kagurazaka	03-3269-1011
	Kagurazaka Internal Medicine and Cranial Nerve Internal Medicine Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal				Kagurazaka Kitagawa Bldg. 1F, 6-42, Kagurazaka	03-6280-7582
	Yamada Internal Medicine Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal				23 Kitamachi	03-5206-8853
	Kurosaka Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			25 Shiroganecho	03-3260-3590
	Kagurazaka Okada Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			28 Yaraicho	03-3268-6373
	Yarai Clinic	Health checkup	Hepatitis	Prostate			Colorectal				68 Yaraicho	03-3235-2877
	Tobita Orthopedics and Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				113 Yaraicho	03-3235-5050
	Ushigomedai Sakomura Internal Medicine	Health checkup	Hepatitis	Prostate			Colorectal				23 Nakamachi	03-3269-1783
Uchino Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			8 Yokoteramachi	03-3235-3270	
ShinOgawacho Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			Irimajiri Bldg. 3F, 6-40, Shinogawamachi	03-3235-5265	
Honda Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				2-3-15, Ichigaya Kagacho	03-6265-0677	

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>							Address	Telephone Number		
		Health checkup	Hepatitis	Cancer Screening				Colorectal				
				Prostate	Gastric	Lung	Uterus				Breast	
B. Tansu District	Tokyo Shinjuku Medical Center										5-1, Tsukudocho	03-3269-8118
	Wellness Clinic Kagurazaka							Uterus			3F, 3-1, Shimomiyabicho	03-6457-5600
	Iidabashi Nakamura Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Nihon Seiko Bldg. 2F, 3-2, Shimomiyabicho	03-5225-7119
	Ai Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Iidabashi Square Bldg. 2F, 3-2, Shimomiyabicho	03-6265-3885
	Kagurazaka D.S.Mike Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Kagurazaka NK Bldg. 1F, 2-2, Ichigaya Yamabushicho	03-3260-9914
	Yanagimachi Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung			25 Ichigaya Yanagicho	03-3268-3521
C. Enokicho district	Shigyo Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal				Annex 62 1F, 62 Akagishitamachi	03-3235-9939
	Murahashi Clinic	Health checkup	Hepatitis	Prostate			Colorectal				73 Wasedamachi	03-3203-3538
	Waseda Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			Waseda Rest Heights 2F, 10 Babashitacho	03-3208-2007
	Natsumezaka Medical Clinic	Health checkup					Colorectal				Shinjuku Insatsu Kaikan 4F, 4-1, Kikuicho	03-6457-6572
	Kagurazaka Urology Clinic	Health checkup					Colorectal				13 Nakazatocho	03-3267-6638
	Internal Medicine Suzuki Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			Sugiyama Bldg. 1F, 295 Yamabukicho	03-5227-3133
	Kasuga Medical Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal				Seven Five Bldg. 1F, 334 Yamabukicho	03-5206-5515
	Nakayama Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			Yasui Bldg. 2F, 335 Yamabukicho	03-3268-8311
	Edogawabashi Suzuki Clinic	Health checkup	Hepatitis	Prostate			Colorectal				DSD Bldg. 3F & 4F, 348 Yamabukicho	03-5229-7717
	Edogawabashi Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung			33 Kaitaicho	03-3269-7855
	Okazaki Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			519 Waseda Tsurumakicho	03-3202-7778
	Edogawabashi Internal Medicine and Endoscopy Clinic	Health checkup			Endoscope		Colorectal				Sanko Bldg. 3F, 4-13, Suidocho	03-5228-0750
	Abe Medical Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Takara Bldg. 1F, 4-29, Suidocho	03-6228-1783
	D. Wakamatsucho District	Suzuki Clinic	Health checkup	Hepatitis	Prostate			Colorectal				3-10-6, Toyama
Fujimoto Shinjuku Clinic		Health checkup	Hepatitis	Prostate			Colorectal	Lung			Laurel Court Shinjuku Tower 2F, 13-1, Tomhisacho	03-3357-2237
Shinjuku Tomihisa Cross Clinic		Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			Tomihisa Cross 1F, 17-2, Tomhisacho	03-3353-2111
Ito Clinic		Health checkup	Hepatitis	Prostate		X-ray	Colorectal				28-5, Tomhisacho	03-3341-6035
Confo Garden Clinic		Health checkup	Hepatitis	Prostate			Colorectal				3-2, Kawadacho	03-3357-0086
Wakamatsu Kawada Clinic		Health checkup	Hepatitis	Prostate			Colorectal				Green Hills Kawadacho 201, 10-7, Kawadacho	03-6457-8351
Akebonobashi Ladies Clinic								Uterus			Shijuku Akebonobashi Bldg. 2F, 1-12, Sumiyoshicho	03-5919-8828



Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>3, 1</sup>							Address	Telephone Number		
		Health checkup	Hepatitis	Cancer Screening			Colorectal	Lung			Uterus	Breast
				Prostate	Gastric							
D. Wakamatsucho District	Ishii Surgery	Health checkup	Hepatitis	Prostate			Colorectal			8-2, Sumiyoshicho	03-3351-9338	
	Nukebennten Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung		Nukebenten Bldg. 1F, 8-7, Yochomachi	03-5919-1522	
	Eto Internal Medicine Clinic	Health checkup	Hepatitis	Prostate	Endoscope			Colorectal	Lung		11-19, Yochomachi	03-5919-4976
E. Ohkubo District	Miyata Gastrointestinal Internal Medicine and Dermatology Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung		MOMO Bldg. 2F, 1-11-2, Hyakunincho	03-5937-0668	
	Nagamine Orthopedics	Health checkup	Hepatitis	Prostate			Colorectal			NS Royal Ohkubo 1F, 1-11-3, Hyakunincho	03-3364-3936	
	Takako Ladies Clinic								Uterus	Camellia Court Shinjuku 2F, 1-24-2, Hyakunincho	03-5386-1155	
	Haruyama Memorial Hospital	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Colorectal	Lung		1-24-5, Hyakunincho	03-3363-1661
	Ishida Clinic						Colorectal		Uterus	2-15-20, Hyakunincho	03-3371-8676	
	ShinOkubo Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		2-20-21, Hyakunincho	03-3371-7033
	Miyoshi Clinic (Hyakuninn-cho)	Health checkup	Hepatitis	Prostate				Colorectal			2-23-47, Hyakunincho	03-5337-9871
	Aoba Clinic	Health checkup	Hepatitis	Prostate				Colorectal			3-1-6, Hyakunincho	03-3362-1121
	NishiToyama Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		Hara Bldg. 2F, 3-7-8, Hyakunincho	03-5337-7501
	Hyakunincho Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		3-14-7, Hyakunincho	03-3371-1188
	Tokyo Yamate Medical Center									Breast	3-22-1, Hyakunincho	03-3364-0251
	Terao Clinica	Health checkup	Hepatitis	Prostate				Colorectal	Lung		Grand Hills A, 3-28-5, Hyakunincho	03-5338-9955
	Otakibashi Orthpedics	Health checkup	Hepatitis	Prostate				Colorectal			Youest Bldg. 2F, 4-9-7, Hyakunincho	03-5332-3020
	Oda Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Colorectal	Lung		Daito Bldg. 2F, 1-11-3, Ohkubo	03-5273-0770
	Horiuchi Clinic	Health checkup	Hepatitis	Prostate				Colorectal			Suntalk Ohkubo 2F, 2-1-1, Ohkubo	03-5287-6171
	NishiOkubo Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		2-3-5, Ohkubo	03-5273-6880
	OkuboToyama Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		2-8-2, Ohkubo	03-5272-2585
	Shinjuku Hiro Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		Shinohkubo Godai Bldg. 1F & 2F, 2-18-14, Ohkubo	03-5272-5610
	Kawakata Clinic									Uterus	2-18-16, Ohkubo	03-3200-0028
	Hayashi Wemen's Clinic ShinOkubo									Uterus	Lisbon Bldg. 3F, 2-32-3, Ohkubo	03-5155-7747
Shinjuku Clinic	Health checkup	Hepatitis	Prostate				Colorectal			1-24-3-201, Kabukicho	03-3200-8067	
Shinjuku Health Checkup Plaza	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung	Breast	2-3-18, Kabukicho	03-3207-1111	
Ohkubo Hospital									Breast	2-44-1, Kabukicho	03-5285-8811	
Kabukicho Hikari Clinic	Health checkup	Hepatitis	Prostate				Colorectal			Shinjuku Nissho Bldg. 9F, 2-46-8, Kabukicho	03-5888-4188	

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>3, 1</sup>							Address	Telephone Number			
		Health checkup	Hepatitis	Cancer Screening			Colorectal	Lung			Uterus	Breast	
				Prostate	Gastric								
F. Totsuka District	Honjo Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			1-21-2-201, Nishiwaseda	03-3203-3959	
	Isogai Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Colorectal	Lung		2-4-8, Nishiwaseda	03-3232-1776	
	Takadanobaba Internal Medicine and Dermatology Clinic	Health checkup	Hepatitis	Prostate				Colorectal			2-18-20, Nishiwaseda	03-3207-1177	
	NishiWaseda Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung	Uterus	Breast	Enshoro Takadanobaba Bldg. 2F, 2-21-16, Nishiwaseda	03-3232-8462
	Seihoku Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung		Sun Heights Waseda Bldg. 1F, 3-12-4, Nishiwaseda	03-3203-5660	
	Waseda Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung		3-17-23, Nishiwaseda	03-3203-3330	
	Nadeshiko Women Clinic									Uterus	Metro Ciry Nishiwaseda 2F, 1-1-1, Takadanobaba	03-6233-8228	
	Sukegawa Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Colorectal	Lung		1-5-10, Takadanobaba	03-3209-3333	
	Koike Clinic	Health checkup	Hepatitis	Prostate				Colorectal			1-8-8, Takadanobaba	03-3200-8138	
	Maki Ladies Clinic							Colorectal		Uterus	Wako Bldg. 2F, 1-28-18, Takadanobaba	03-6457-6123	
	Uematsu Clinic				Endoscope			Colorectal			UK Bldg. 2F, 1-32-14, Takadanobaba	03-3209-5608	
	Takatobashi Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung	Uterus	Breast	Maison Doll Takadanobaba 1F, 2-5-24, Takadanobaba	03-3200-1561
	Suda Clinic	Health checkup	Hepatitis	Prostate				Colorectal			2-8-14, Takadanobaba	03-3207-8161	
	Fukushima Clinic		Hepatitis	Prostate						Uterus	2-13-15, Takadanobaba	03-3209-1301	
	Takeshita Clinic							Colorectal		Uterus	2-14-22, Takadanobaba	03-3200-1281	
	Hosoya Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal			3-27-2, Takadanobaba	03-3371-8755	
	Jiyu Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung	Uterus	Breast	4-3-11, Takadanobaba	03-5380-2380
	Ushigome Surgery Gastroenterology	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Colorectal	Lung			4-10-12, Takadanobaba	03-3361-0301
	Ushiyama Clinic	Health checkup	Hepatitis	Prostate								4-11-5, Takadanobaba	03-5386-3167
	Takadanobaba Sakura Clinic	Health checkup	Hepatitis	Prostate				Colorectal				Kawakami Bldg. 3F, 4-11-8, Takadanobaba	03-5937-3717
Suda Surgical Clinic	Health checkup	Hepatitis	Prostate	Endoscope			Colorectal	Lung			4-22-7, Takadanobaba	03-3362-5753	
G. Ochiai District	Seibo Hospital	Health checkup	Hepatitis	Prostate			Colorectal		Uterus	Breast	2-5-1, Nakaochiai	03-3951-1129	
	Sugaya Clinic	Health checkup	Hepatitis	Prostate							3-3-5, Nakaochiai	03-3951-5903	
	Sato Clinic	Health checkup	Hepatitis	Prostate		X-ray		Colorectal	Lung		3-4-8, Nakaochiai	03-3952-5554	
	Ochiai Parkside Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		Suzuki Bldg. 4F, 1-1-4, Kamiochiai	03-5338-4976	
	Kamiochiai Shin Clinic	Health checkup	Hepatitis	Prostate				Colorectal	Lung		Korakutei Bldg. 1F & 2F, 1-5-4, Kamiochiai	03-3363-5820	

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>2, 1</sup>							Address	Telephone Number		
		Health checkup	Hepatitis	Cancer Screening								
				Prostate	Gastric	Colorectal	Lung	Uterus			Breast	
G. Ochiai District	Kijima Internal Medicine Clinic	Health checkup	Hepatitis	Prostate	X-ray	Colorectal	Lung		Pastral 1F, 1-21-14, Kamiochiai	03-3364-6321		
	Ochiai Family Clinic	Health checkup	Hepatitis	Prostate		Colorectal	Lung		2-11-16, Kamiochiai	03-5989-1477		
	Takashima Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Breast	2-18-15, Kamiochiai	03-3371-2101	
	Ito Medical Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung		Ito Bldg. 1F, 2-25-3, Kamiochiai	03-3361-6318	
	Ochiai Station Front Clinic	Health checkup	Hepatitis	Prostate			Colorectal			Kato Bldg. 1F, 3-10-3, Kamiochiai	03-5348-6535	
	Hosokawa Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung		2-20-7, Nakai	03-3952-4181	
	Mejiro Bright Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung		M Court Mejiro 1F, 3-21-3, Shimo-ochiai	03-3565-5788	
	Munakata Clinic	Health checkup	Hepatitis	Prostate			Colorectal			Miyamura Bldg. 3F, 1-6-1, Shimo-ochiai	03-3227-2510	
	Shimoochiai Clinic	Health checkup	Hepatitis	Prostate						2-1-6, Shimo-ochiai	03-3953-1711	
	Mejiro Yoshimi Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal			Yutaka Bldg. 1F, 3-12-23, Shimo-ochiai	03-5988-7667	
	Hamaya Homecare Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung		2-16-4, Nishiochiai	03-3950-0065	
	Oriental Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung		Tetsugakudo Park Heights 1-1, 2-20-1, Nishiochiai	03-3565-3411	
	Sohara Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung		3-1-22, Nishiochiai	03-3565-8008	
	Yanai Gastroenterology Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung		Paro Nishiochiai 101, 4-3-9, Nishiochiai	03-5996-2772	
	Tozawa Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung		4-4-12, Nishiochiai	03-3953-6190	
Tetsugakudo Matsumoto Clinic	Health checkup	Hepatitis	Prostate			Colorectal			4-16-10, Nishiochiai	03-3951-1567		
H. Kashiwagi & Tsunohazu District	Shinjuku Station Front Sakura Ladies Clinic							Uterus	Shinjuku Dai-ichi Bldg. 9F, 1-3-17, Nishishinjuku	03-5989-0022		
	Shinjuku Ishikawa Clinic	Health checkup	Hepatitis	Prostate		Colorectal	Lung		Matsuoka Central Bldg. 6F & 7F, 1-7-1, Nishishinjuku	03-3340-1751		
	Meiji Yasuda Shinjuku Health checkup Center					Colorectal	Lung	Uterus	Breast	Odakyu Meiji Yasuda Seimei Bldg., 1-8-3, Nishishinjuku	03-3349-2731	
	Kei Clinic	Health checkup	Hepatitis	Prostate		Colorectal				Ayusawa Bldg. 8F, 1-19-12, Nishishinjuku	03-5909-3707	
	Mitsukoshi Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	S Tec Joho Bldg. 5F, 1-24-1, Nishishinjuku	03-3348-5791
	Shinjuku Center Building Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal			Shinjuku Center Bldg. 5F, 1-25-1, Nishishinjuku	03-3346-1151	
	Shinjuku Mitsui Building Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	Shinjuku Mitsui Bldg. 4F, 2-1-1, Nishishinjuku	03-3344-3300
	Plaza 30th Floor Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung	Uterus	Breast	Keio Plaza Hotel Main Bldg. 30F, 2-2-1, Nishishinjuku	03-5323-4330
	KDDI Building Clinic	Health checkup	Hepatitis	Prostate						KDDI Bldg. 1F, 2-3-2, Nishishinjuku	03-6386-0123	
	Shinjuku NS Building Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal			Shinjuku NS Bldg. 4F, 2-4-1, Nishishinjuku	03-3343-3511	

Classification	Medical Institution Name	Available Health Checkups & Medical Examinations <sup>2, 1</sup>							Address	Telephone Number		
		Health checkup	Hepatitis	Cancer Screening								
				Prostate	Gastric	Colorectal	Lung	Uterus			Breast	
H. Kashiwagi & Tsunohazu District	Nanju Memorial Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray		Lung	Uterus	Breast	Shinjuku Sumitomo Bldg. 3F, 2-6-1, Nishishinjuku	03-3344-6666
	Miyoshi Clinic (NishiShinjuku)	Health checkup	Hepatitis	Prostate			Colorectal				Apis Nishishinjuku Sanchome 2F, 3-4-11, Nishishinjuku	03-3342-1033
	Kaori Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Shinjuku Park Tower B1F, 3-7-1, Nishishinjuku	03-5321-6677
	Opera City Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Tokyo Opera City Tower 7F, 3-20-2, Nishishinjuku	03-5353-7100
	Komagamine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				4-4-6, Nishishinjuku	03-3378-3875
	Nemoto Clinic	Health checkup	Hepatitis	Prostate			Colorectal				4-10-15, Nishishinjuku	03-3377-6513
	Shintoshin Juniso Clinic	Health checkup	Hepatitis	Prostate							The Park House Nishishinjuku Tower 60, 5-5-1-203, Nishishinjuku	03-3377-3033
	Ito Surgery and Internal Medicine Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			5-8-10, Nishishinjuku	03-3372-6456
	Shinjuku Sleep and Respiratory Medicine Clinic	Health checkup	Hepatitis	Prostate							Shinjuku Island Tower 12F, 6-5-1, Nishishinjuku	03-5909-5588
	Shinjuku Green Tower Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Colorectal				Shinjuku Green Tower Bldg. 2F, 6-14-1, Nishishinjuku	03-3343-0365
	NishiShinjuku Kobayashi Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			Dai-ni Yamaguchi Bldg. 4F, 6-20-12, Nishishinjuku	03-5989-0918
	Ishii Internal Medicine and Surgery Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			Moriya Bldg. 5F, 7-1-10, Nishishinjuku	03-5937-3361
	Kanauchi Medical Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung		Breast	Nishishinjuku Prime Square 2F, 7-5-25, Nishishinjuku	03-3365-5521
	Shinjuku Breast Center Kusama Clinic									Breast	Barbizon 87 Bldg. 4F, 7-11-9, Nishishinjuku	03-3366-2117
	Tatsuki Clinic								Uterus		Mikura Nishishinjuku Bldg. 2F, 7-16-14, Nishishinjuku	03-5348-7074
	Konno Orthopedic and Internal Medicine	Health checkup	Hepatitis	Prostate			Colorectal	Lung			7-21-7, Nishishinjuku	03-3371-5813
	Furukawa Ladies Clinic								Uterus		Showa Bldg. 201, 8-5-8, Nishishinjuku	03-3368-8367
	Tanba Clinic	Health checkup	Hepatitis	Prostate							Hijikata Bldg. 2F, 1-8-17, Kitashinjuku	03-3368-7587
	Kure Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal				Shinjuku Front Tower 3F, 2-21-1, Kitashinjuku	03-6279-2893
	Takeda Clinic	Health checkup	Hepatitis	Prostate	Endoscope	X-ray	Colorectal	Lung			Midori Bldg. 3F, 3-1-21, Kitashinjuku	03-3371-4114
Kuwahara Clinic	Health checkup	Hepatitis	Prostate		X-ray	Colorectal	Lung			3-12-26, Kitashinjuku	03-3368-4745	
Takahashi Clinic	Health checkup	Hepatitis	Prostate	Endoscope		Colorectal	Lung			3-21-8, Kitashinjuku	03-3371-8064	
Hashizume Clinic	Health checkup	Hepatitis	Prostate			Colorectal	Lung			4-29-9, Kitashinjuku	03-3371-0030	
Matsumoto Dermatology	Health checkup	Hepatitis	Prostate							4-33-5, Kitashinjuku	03-3360-3306	

## ● Medical Institutions in Nakano City

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>					Address	Telephone Number
	Health checkup	Cancer Screening					
		Hepatitis	Prostate	Gastric	Colorectal		
Shiraishi Clinic	Health checkup	Hepatitis	Prostate			2-18-10, Minamidai	03-3384-5255
Clinical Minamidai	Health checkup	Hepatitis	Prostate			2-45-10, Minamidai	03-3381-8681
Shirakawa Clinic	Health checkup	Hepatitis	Prostate			Grand Rouge Nakano Minamidai 1F, 2-51-8, Minamidai	03-6382-5011
Tadacho Clinic	Health checkup	Hepatitis	Prostate			3-33-5, Minamidai	03-3381-3191
Minamidai Terao Clinic Internal Medicine and Pediatrics	Health checkup	Hepatitis	Prostate			Silk Residence 1F, 3-37-27, Minamidai	03-3381-7755
Yamada Clinic (Minamidai)	Health checkup	Hepatitis	Prostate			5-32-2, Minamidai	03-3381-5213
Fujima Obstetrics and Gynecology Clinic	Health checkup	Hepatitis	Prostate		Uterus	1-17-1, Yayoicho	03-3372-5700
Mizonokuchi Clinic	Health checkup	Hepatitis	Prostate			2-12-9, Yayoicho	03-3372-0035
Yamamoto Clinic	Health checkup	Hepatitis	Prostate			3-26-3, Yayoicho	03-3372-0007
Yanada Clinic	Health checkup	Hepatitis	Prostate			Yayoi Heights 101, 6-2-20, Yayoicho	03-5342-9511
Shoji Clinic	Health checkup	Hepatitis	Prostate			1-3-11, Honcho	03-3373-3335
Jinyu Clinic	Health checkup	Hepatitis	Prostate			2-45-10, Honcho	03-3372-5121
Makino Obstetrics and Gynecology Clinic					Uterus	Sun Bright Twin 3F, 2-46-1, Honcho	03-5350-3521
Yayoi First Clinic	Health checkup	Hepatitis	Prostate			Sun Bright Twin 3F, 2-46-1, Honcho	03-3320-7211
Heart Care Ginga Clinic	Health checkup	Hepatitis	Prostate			2-50-12-201, Honcho	03-5371-0909
Kawasaki Surgery and Gastroenterology	Health checkup	Hepatitis	Prostate			3-7-5, Honcho	03-3372-0273
Akiyoshi Clinic	Health checkup	Hepatitis	Prostate			3-20-22, Honcho	03-3378-1600
Yamamoto Gastroenterology Clinic	Health checkup	Hepatitis	Prostate			Plaisile S 1F, 3-31-7, Honcho	03-5304-1195
Shin-nakano Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Universal Square Shin-nakano 4F, 4-45-9, Honcho	03-6382-5270
Shin-Nakano Ladies' Clinic					Uterus	4-48-23, Honcho	03-3384-3281
Okatomi Clinic					Uterus	5-35-8, Honcho	03-3381-0563
Nakamura Clinic	Health checkup	Hepatitis	Prostate			5-39-2, Honcho	03-3381-3797
Nakano Clinic	Health checkup	Hepatitis	Prostate			6-12-13, Honcho	03-3381-0151
Seimei Internal Medicine	Health checkup	Hepatitis	Prostate			1-25-5-106, Chuo	03-5389-2972
Nakano sun Clinic	Health checkup	Hepatitis	Prostate			Unible Nakanosakaue 1F, 1-32-7, Chuo	03-6908-8030

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>					Address	Telephone Number
	Health checkup	Hepatitis	Cancer Screening				
			Prostate	Gastric	Colorectal		
Watanabe Orthopedics, Surgery and Internal Medicine	Health checkup	Hepatitis	Prostate			2-2-3, Chuo	03-3361-1770
Nakanosakaue Yonezawa Clinic	Health checkup	Hepatitis	Prostate			Homey Bldg. 102, 2-4-3, Chuo	03-3365-2727
Kusunoki Clinic	Health checkup	Hepatitis	Prostate			2-7-8-103, Chuo	03-3361-0072
Tonoyama Clinic	Health checkup	Hepatitis	Prostate			2-14-9, Chuo	03-3371-7106
Miyabi Heart & Care Clinic	Health checkup	Hepatitis	Prostate			Navius Shin-nakano 1F, 3-35-4, Chuo	03-5385-3880
Head and Body Clinic Kanenaka Neurosurgery	Health checkup	Hepatitis	Prostate			4-4-2, Chuo	03-6382-4880
Nitobe Memorial Nakano General Hospital	Health checkup	Hepatitis	Prostate		Uterus	4-59-16, Chuo	03-3382-1254
Yamasaki Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			5-39-13-1F, Chuo	03-3380-7777
Nakamura Surgical Clinic	Health checkup	Hepatitis	Prostate			1-6-6, Higashinakano	03-3368-1374
Kimura Internal Medicine	Health checkup	Hepatitis	Prostate			1-37-11, Higashinakano	03-3361-1114
Ueda Clinic	Health checkup	Hepatitis	Prostate			1-23-4-101, Higashinakano	03-5989-1164
Kondo Urology and Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			1-51-1-3F, Higashinakano	03-3362-1777
Higashinakano Clinic	Health checkup	Hepatitis	Prostate			1-58-12, Higashinakano	03-3361-2732
Takada Orthopedic Clinic	Health checkup	Hepatitis	Prostate			2-27-7, Higashinakano	03-3366-5621
Nagasawa Internal Medicine	Health checkup	Hepatitis	Prostate			2-28-14, Higashinakano	03-3362-5695
Nakano Hidamari Clinic	Health checkup	Hepatitis	Prostate			3-6-12, Higashinakano	03-3368-0888
Itaya Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			Higashinakano Medical Bldg. 2F, 3-8-9, Higashinakano	03-3366-3300
Nakaya Ladies' Clinic					Uterus	3-9-14, Higashinakano	03-3371-2676
Arai Clinic	Health checkup	Hepatitis	Prostate			Ishikawa Dental bldg. 3F, 3-10-12, Higashinakano	03-5331-3383
Sakurayama Clinic	Health checkup	Hepatitis	Prostate			3-17-8, Higashinakano	03-3369-0900
Tanaka Clinic	Health checkup	Hepatitis	Prostate			3-17-18, Higashinakano	03-5348-2707
Nakaya Internal Medicine Clinic	Health checkup	Hepatitis	Prostate			4-7-8, Higashinakano	03-3366-1481
Watanabe Clinic	Health checkup	Hepatitis	Prostate			Okato Bldg. 101, 4-7-18, Higashinakano	03-5331-3286
Ohkura Internal Medicine	Health checkup	Hepatitis	Prostate			Unison Mall 3F, 5-1-1, Higashinakano	03-5332-7676
Nakaya Clinic	Health checkup	Hepatitis	Prostate			5-8-7, Higashinakano	03-3361-2384
Katayama Clinic	Health checkup	Hepatitis	Prostate			Kanto Bus Headquarters Bldg. 1F, 5-23-14, Higashinakano	03-3227-0603

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>						Address	Telephone Number
	Health checkup	Cancer Screening						
		Hepatitis	Prostate	Gastric	Colorectal	Lung		
Kamiochiai Obata Clinic	Health checkup	Hepatitis	Prostate				Mates Higashinakano 104, 5-29-10, Higashinakano	03-5332-6886
Koto Clinic	Health checkup	Hepatitis	Prostate				Oka Dental bldg. 2F, 2-13-23, Nakano	03-3229-6582
Kihara Clinic	Health checkup	Hepatitis	Prostate				2-25-3-3F, Nakano	03-3381-6611
Josai Clinic	Health checkup	Hepatitis	Prostate				3-3-1, Nakano	03-3381-5105
Toen Clinic	Health checkup	Hepatitis	Prostate				3-40-25, Nakano	03-3381-3747
Noguchi Clinic					Uterus		4-7-1, Nakano	03-3386-5086
Akazawa Clinic	Health checkup	Hepatitis	Prostate				5-33-28, Nakano	03-3387-1811
Nakano Kyoritsu Hospital Health Checkup Center	Health checkup	Hepatitis	Prostate				5-45-4, Nakano	03-3386-9106
Sun Mall Clinic	Health checkup	Hepatitis	Prostate				5-65-12, Nakano	03-5345-5767
Gen Clinic					Uterus		5-65-5-3F, Nakano	03-5343-3378
Akenohoshi Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				Nakano Kitaguchi Bldg. 2F, 5-67-4, Nakano	03-3386-6500
Kamitakada Clinic	Health checkup	Hepatitis	Prostate				Medical Place Kamitakada 201, 1-8-13, Kamitakada	03-5942-5822
Kamitakada Chiba Orthopedics / Pediatrics	Health checkup	Hepatitis	Prostate				1-8-13, Kamitakada	03-3228-1555
Miyaji Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				1-35-9, Kamitakada	03-3361-1858
Nakano-no-mori Clinic	Health checkup	Hepatitis	Prostate				1-37-11, Kamitakada	03-3361-1381
Miya Clinic	Health checkup	Hepatitis	Prostate				3-1-13, Kamitakada	03-3385-3177
Nohara Obstetrics and Gynecology Clinic					Uterus		3-39-12, Kamitakada	03-3386-2525
Yokohata Hospital	Health checkup	Hepatitis	Prostate				1-38-6, Arai	03-3389-2531
Yamada Clinic (Arai)	Health checkup	Hepatitis	Prostate				2-6-10, Arai	03-3386-0415
Shinbashi Clinic	Health checkup	Hepatitis	Prostate				2-10-3, Arai	03-3385-2800
Terauchi Clinic	Health checkup	Hepatitis	Prostate		Uterus		5-31-1, Arai	03-3386-2267
Sawada Clinic	Health checkup	Hepatitis	Prostate				4-24-5, Numabukuro	03-5318-2526
Egota Numabukuro Clinic	Health checkup	Hepatitis	Prostate				Four Seasons Bldg. 1F, 4-27-15, Numabukuro	03-3387-3424
Ishii Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				Maison Maruyama 1F, 4-31-11, Numabukuro	03-5345-7667
Inoue Clinic	Health checkup	Hepatitis	Prostate				1-2-16, Matsugaoka	03-3386-6194
Kasuga Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				1-33-15, Matsugaoka	03-5345-5477

Medical Institution Name	Available Health Checkups & Medical Examinations <sup>※1</sup>						Address	Telephone Number
	Health checkup	Cancer Screening						
		Hepatitis	Prostate	Gastric	Colorectal	Lung		
Matsugaoka Clininc	Health checkup	Hepatitis	Prostate				2-34-2, Matsugaoka	03-3953-0682
Takeda Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				3-5-10-202, Eharacho	03-3950-3836
Yoshino Ladies' Clinic					Uterus		Glorio Nakano Shin-egota 1F, 3-35-8, Eharacho	03-5996-6101
Tetsugakudo Ishii Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				1-1-4, Egota	03-5906-5010
Saito Clinic	Health checkup	Hepatitis	Prostate				3-6-6, Egota	03-3389-7288
General Tokyo Hospital	Health checkup	Hepatitis	Prostate		Uterus		3-15-2, Egota	03-3387-5421
Nogata Clinic	Health checkup	Hepatitis	Prostate				1-40-1, Nogata	03-3389-2201
Nogata Station Internal Medicine	Health checkup	Hepatitis	Prostate				5-3-1, Nogata	03-5356-8153
Tenshodo Clinic	Health checkup	Hepatitis	Prostate				1-5-7, Maruyama	03-3319-3965
Takane Family Clinic	Health checkup	Hepatitis	Prostate				2-17-13, Maruyama	03-5356-8120
Itabashi Clinic	Health checkup	Hepatitis	Prostate				1-27-3, Yamatocho	03-5356-1623
Noto Clinic	Health checkup	Hepatitis	Prostate				1-45-12, Yamatocho	03-3337-6700
Ogawa Clinic	Health checkup	Hepatitis	Prostate				2-46-4, Yamatocho	03-5332-4664
Takanashi Clinic	Health checkup	Hepatitis	Prostate				4-10-21, Yamatocho	03-3337-6987
Toritsu Kasei Clinic	Health checkup	Hepatitis	Prostate				STEP 1 1F, 3-36-12, Wakamiya	03-3310-3880
Sugiyama Clinic	Health checkup	Hepatitis	Prostate				1-27-5-3F, Saginomiya	03-3223-1275
Shiozaki Clinic	Health checkup	Hepatitis	Prostate				Miya Bldg. 2F, 2-5-7, Saginomiya	03-5327-3336
Wakamiya Clinic	Health checkup	Hepatitis	Prostate				3-11-8, Saginomiya	03-3338-7335
Sakai Internal Medicine Clinic	Health checkup	Hepatitis	Prostate				3-19-15, Saginomiya	03-5327-3670
Kumagaya Clinic	Health checkup	Hepatitis	Prostate				3-32-5, Saginomiya	03-3338-1515
Miho Clinic	Health checkup	Hepatitis	Prostate				5-3-14, Saginomiya	03-3990-1208
Yamaguchi Internal Medicine and Heart Clinic	Health checkup	Hepatitis	Prostate				2-4-1, Kamisaginomiya	03-3970-0770

### Shinjuku City Medical Institutions Implementing Fundus Examination at the time of Health Checkup

Classification	Medical Institution Name	Address	Telephone Number
A	KeiAi Clinic	Dai-ni Yotsuya Nakamura Bldg. 3F, 1-2-30, Yotsuya	03-5269-2111
	Koraku Medical Clinic	1-8-11, Shinjuku	03-3355-0282
	Hirooka Clinic	Forcast Shinjuku Avenue 3F, 2-5-12, Shinjuku	03-3225-1720
	Miraza Shinjuku Tsurukame Clinic	3-36-10, Shinjuku Miraza Shinjuku 7F	03-6300-0063
	Fuyo Clinic Lifestyle Medicine Center	5-14-5, Shinjuku	03-3350-6731
B	Tokyo Preventive Medicine Association Health Center Clinic	1-2, Ichigaya Sadoharacho	03-3269-2190
	Kikuchi Clinic	6-25, Kagurazaka	03-3269-1011
	Kagurazaka Okada Clinic	28 Yaraicho	03-3268-6373
C	Edogawabashi Clinic	33 Kaitaicho	03-3269-7855
E	OkuboToyama Clinic	2-8-2, Ohkubo	03-5272-2585
	Shinjuku Health Checkup Plaza	2-3-18, Kabukicho	03-3207-1111
F	NishiWaseda Clinic	Enshoro Takadanobaba Bldg. 2F, 2-21-16, Nishiwaseda	03-3232-8462
	Waseda Clinic	3-17-23, Nishiwaseda	03-3203-3330
	Takatobashi Clinic	Maison Doll Takadanobaba 1F, 2-5-24, Takadanobaba	03-3200-1561
G	Seibo Hospital	2-5-1, Nakaochiai	03-3951-1129
	Ochiai Parkside Clinic	Suzuki Bldg. 4F, 1-1-4, Kamiochiai	03-5338-4976
	Shinjuku Ishikawa Clinic	Matsuoka Central Bldg. 6F & 7F, 1-7-1, Nishishinjuku	03-3340-1751
	Mitsukoshi Clinic	S Tec Joho Bldg. 5F, 1-24-1, Nishishinjuku	03-3348-5791
	Shinjuku Center Building Clinic	Shinjuku Center Bldg. 5F, 1-25-1, Nishishinjuku	03-3346-1151
	Shinjuku Mitsui Building Clinic	Shinjuku Mitsui Bldg. 4F, 2-1-1, Nishishinjuku	03-3344-3300
	Plaza 30th Floor Clinic	Keio Plaza Hotel Main Bldg. 30F, 2-2-1, Nishishinjuku	03-5323-4330
	KDDI Building Clinic	KDDI Bldg. 1F, 2-3-2, Nishishinjuku	03-6386-0123
	Shinjuku NS Building Clinic	Shinjuku NS Bldg. 4F, 2-4-1, Nishishinjuku	03-3343-3511
	Nanju Memorial Clinic	Shinjuku Sumitomo Bldg. 3F, 2-6-1, Nishishinjuku	03-3344-6666
H	Kanauchi Medical Clinic	Nishishinjuku Prime Square 2F, 7-5-25, Nishishinjuku	03-3365-5521
	Kuwahara Clinic	3-12-26, Kitashinjuku	03-3368-4745
	Hashizume Clinic	4-29-9, Kitashinjuku	03-3371-0030

### Shinjuku City Referral Medical Institutions for Fundus Examination

Classification	Medical Institution Name	Address	Telephone Number
F	Takadanobaba Eye Clinic	Inamon Bldg. 2F, 2-18-11, Takadanobaba	03-6457-6661
	Maruo Ophthalmology	Union Station Fron Bldg. 3F, 3-3-1, Takadanobaba	03-3361-0015
	Saito Eye Clinic	4-2-29, takadanobaba	03-3368-6864
G	Rika Yamamoto Eye Clinic	2-21-13, Kami-ochiai	03-5331-6677
	Mejiro-dori Clinic	Mejiro Owada Mansion 101, 3-15-20, Shimo-ochiai	03-5906-0755
	Mejiro Ophthalmology	3-17-30, Shimo-ochiai	03-3952-7262
H	Nishi-Shinjuku Saito Ophthalmology	Shinjuku Mitsuba Bldg. 7F, 1-5-11, Nishishinjuku	03-3343-8282

### Nakano City Referral Medical Institutions for Fundus Examination

Medical Institution Name	Address	Telephone Number
Yamamoto Ophthalmology clinic	3-26-3, Yayoicho	03-3372-6300
Suzumura Ophthalmology	Shin-nakano Station Plaza 904, 4-48-17, Honcho	03-3382-1109
Seki Ophthalmology	NSB4F, 2-2-31, Chuo	03-3361-7665
Watanabe Ophthalmology Clinic	2-49-8, Chuo	03-6908-7729
Nitobe Memorial Nakano General Hospital	4-59-16, Chuo	03-3382-1254
Ochiai Nakano Ophthalmology	Artha Major 1F, 3-16-23, Higashinakano	03-6908-5316
Higashinakano and Midokoro Ophthalmology	Unison Mall 3F, 5-1-1, Higashinakano	03-5937-5755
Goto Ophthalmology	Inz Nakano Bldg. 8F, 3-33-3, Nakano	03-5342-5801
Nakano Ophthalmology	Nakano San Cuore B1F, 4-3-1, Nakano	03-5942-7550

### Nakano City Referral Medical Institutions for Fundus Examination

Medical Institution Name	Address	Telephone Number
Clinical Minamidai	2-45-10, Minamidai	03-3381-8681
Watanabe Orthopedics, Surgery and Internal Medicine	2-2-3, Chuo	03-3361-1770
Nitobe Memorial Nakano General Hospital	4-59-16, Chuo	03-3382-1254
Higashinakano Clinic	1-58-12, Higashinakano	03-3361-2732
Nakano Kyoritsu Hospital Health Checkup Center	5-45-4, Nakano	03-3386-9106

### Shinjuku City Referral Medical Institutions for Fundus Examination

Classification	Medical Institution Name	Address	Telephone Number
A	Yotsuya Shirato Ophthalmology	Yotsuyamitsuke Bldg. 3F, 1-1-2, Yotsuya	03-3355-4281
	Masago Ophthalmology	Takamasuya Bldg. 4F, 1-3, Yotsuya	03-3350-3681
	Morita Ophthalmology and Pediatrics	Komore Yotsuya, 1-6-1-205B, Yotsuya	03-6380-5363
	Yotsuya 3-chome Station Front Ophthalmology	Roy Kraton Yotsuya 3-chome Aoisora Bldg. 2F, 3-7-24, Yotsuya	03-6380-4101
	Suzuki Ophthalmology	Manju Bldg. 2F, 3-8, Yotsuya	03-3357-8895
	Shinanomachi Eye Clinic	Kashima Bldg. 2F, 11-3, Shinanomachi	03-3357-0281
	Shinjuku Higashiguchi Eye Clinic	Hulic Shinjuku Bldg. 9F, 3-25-1, Shinjuku	03-5363-0507
	Iwasaki Ophthalmology	Hihara Bldg. 3F, 3-32-5, Shinjuku	03-5367-5455
	Shinjuku Nakamaru Ophthalmology	Miraza Shinjuku 6F, 3-36-10, Shinjuku	03-5925-8572
	Kagurazaka Minami's Ophthalmology	Hasegawa Bldg. 2F, 5-21-1, Kaguraaka	03-6280-7690
B	Eye Clinic Kagurazaka	115 Yaraicho	03-3235-4146
	Ono Eye Clinic	6-5, Shinogawacho	03-3260-7044
C	Yakuoji Eye Clinic	Ars Ishigaya Yakuoji 1F, 70, Yotsuya Yakuojicho	03-5227-7230
	Izumi Ophthalmology	The Square 1F, 33, Enokicho	03-3260-5248
	Iyama Ophthalmology	4-13, Suidocho Sanko Bldg. 3F Clinic Station Edogawabashi	03-5946-8188
	Takahashi Eye Clinic	Credor Wakamatsucho 102, 33-9, Wakamatsucho	03-3208-6166
	Tomihisa Cross Ophthalmology	Tomihisa Cross 1F, 17-2, Tomhisacho	03-3351-1131
	Akebonobashi Ophthalmology	Akiba Bldg. 2F, 11-23, Sumiyoshicho	03-5369-0850
	Hikari Eye Clinic	Kaken Bldg. 203, 2-5-8, Hyakunincho	03-3360-2240
	Shirataki Ophthalmology	Mitsuya Bldg. 2F, 1-3-13, Ohkubo	03-3207-5056
	Oshiro Eye Clinic	1-2-3, Nishiwaseda	03-3202-3998
	Nishiwaseda Ophthalmology	Metro City Nishiwaseda 2F, 1-1-1, Takadanobaba	03-6380-2466
F	Inage Ophthalmology	Hoden Bldg. 3F, 1-21-10, Takadanobaba	03-6380-2668
	Kato Eye Clinic	1-24-14, Takadanobaba	03-3200-9307

### List of Medical Institutions Implementing Specific Health Guidance

Specific Health Guidance is available only to those who have been eligible after undergoing a health checkup.  
Act : Active support Mot : Motivational support

Area	Medical Institution Name	Session	Address	Telephone Number
A	Sato Internal Medicine and Pediatric Clinic	Mot	1-15-1F, Yotsuya	03-3351-3007
	Yotsuya Nagashima Clinic	Mot	1-4-7, Wakaba	03-5368-1686
	Hayashi Surgical Hospital	Act Mot	27, Daikyochi	03-3357-3161
	Koraku Medical Clinic	Act Mot	1-8-11, Shinjuku	03-3355-0282
	Hanazono Clinic	Act Mot	1-30-6, Shinjuku	03-3351-6957
	Fujimura Internal Medicine and Surgical Clinic	Act Mot	Hoshu Bldg., 5-10-12, Shinjuku	03-3351-0575
B	Fuyo Clinic Lifestyle Medicine Center	Act Mot	5-14-5, Shinjuku	03-3350-6731
	Ota Clinic	Mot	Ota Bldg., 9-6, Yotsuya San-eicho	03-5366-3213
	Kagurazaka Internal Medicine and Cranial Nerve Internal Medicine Clinic	Act Mot	Kagurazaka Kitagawa Bldg. 1F, 6-42, Kagurazaka	03-6280-7582
	Tokyo Shinjuku Medical Center	Act Mot	5-1, Tsukudocho	03-3269-8118
	Natsumezaka Medical Clinic	Mot	Shinjuku Insatsu Kaikan 4F, 4-1, Kikuicho	03-6457-6572
	Internal Medicine Suzuki Clinic	Mot	Sugiyama Bldg. 1F, 295, Yamabukicho	03-5227-3133
C	Kasuga Medical Clinic	Mot	Seven Five Bldg. 1F, 334, Yamabukicho	03-5206-5515
	Miyata Gastrointestinal Internal Medicine and Dermatology Clinic	Mot	MOMO Bldg. 2F, 1-11-2, Hyakunincho	03-5937-0668
	Tokyo Yamate Medicl Center	Act Mot	3-22-1, Hyakunincho	03-3364-0251
	OkuboToyama Clinic	Mot	2-8-2, Ohkubo	03-5272-2585
	Shinjuku Health Checkup Plaza	Act Mot	2-3-18, Kabukicho	03-3209-0214

Classification	Medical Institution Name	Address	Telephone Number
F	Shinjuku Nishiguchi Station Front Ophthalmology	Matsuoka Central Bldg. 4F, 1-7-1, Nishishinjuku	03-5339-3388
	Plaza 30th Floor Clinic	Keio Plaza Hotel Main Bldg. 30F, 2-2-1, Nishishinjuku	03-5323-4330
	Nishi-Shinjuku 5-chome Station Front Ophthalmology	4-2-18-3F, Nishishinjuku	03-3373-0076
H	Shinjuku Eye Clinic	Shinjuku Front Tower 3F, 2-21-1, Kitashinjuku	03-5330-1788
	Otakibashi Nishino Eye Clinic	Kitashinjuku Kimishima Bldg. 3F, 4-8-16, Kitashinjuku	03-5389-0888
	Hashizume Clinic	4-29-9, Kitashinjuku	03-3371-0030

Medical Institution Name	Address	Telephone Number
Kumanomido Ophthalmology	5-18-9, Nakano	03-3388-5395
Nakano Kyoritsu Hospital Health checkup Center	5-45-4, Nakano	03-3386-9106
Ochanomizu Clinic	3-28-6, Kamitakada	03-3386-2212
Ophthalmology Kurihara Clinic	2-1-17, Arai	03-3386-5414
Fukuda Eye Clinic	2-33-1, Arai	03-3386-3700
Numabukuro Suganami Ophthalmology	1-44-2, Numabukuro	03-3388-7800
Kamitakada Eye Clinic	1-1-19, Matsugaoka	03-3387-4699
Tetsugakudo Ishii Eye Clinic	1-1-4, Egota	03-3951-7227

# Other information

## (Dental Health Checkup / Medical Notebook)

### Dental Health Checkup and Dental Health Checkup for Late-elderly

All residents aged 20 and older who live in the city can receive a dental health checkup once a year. **If you do not have the Dental Checkup form, please contact the office in charge below.**

※ An application is required separately from the Health Checkup and Cancer Screening.

#### 【Dental Health Checkup】

Period	June 1, 2021 ~ December 28, 2021
Eligible person	Residents aged 20 ~ 75 (eligible every year)
Performing Institutions	Dental institutions designated by the city
Cost	400 yen (A fee exemption program is available. Inquire the office below for details.)
Detail	Interview, oral examination (checking teeth, gums, oral cleaning condition, etc.), advice

#### 【Dental Health Checkup for Late-elderly】

Detail	June 1, 2021 ~ December 28, 2021
Eligible person	Residents aged 76 and older (eligible every year)
Performing Institutions	Dental institutions designated by the city
Cost	Exempted
Exempted	Interview, oral examination (checking teeth, gums, strength of chewing and swallowing, etc.), advice



**Inquiry**

Health Promotion Division Health Promotion Section  
TEL : (5273) 3047 FAX : (5273) 3930

## Medical Notebook

We distribute medical notebooks free of charge. Please use the medical notebook for your health management while filling in the record of health checkups, etc.

※ The number is limited.

Inquiries: Health Promotion Division Health Promotion Section  
TEL: (5273) 3047 FAX: (5273)3930  
Or any local health centers and special branch offices



FY202

## FAX Request for Health Checkup/Cancer Screening Forms

If you would like to request an additional health checkup form, please apply using this fax request form.

※ Please contact the medical institution directly to make an appointment for a medical examination.

Fax destination	Health Promotion Section 03(5273) 3930
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Please fill out items inside the bolded frame below and send.

in Katakana				Birthday	year	month	date ( )	age
Name					( )			
Address	Shinjuku-city							
Telephone						Sex	Male · Female	
Health insurance you are enrolled in	<input type="checkbox"/> Shinjuku City National Health Insurance <input type="checkbox"/> Medical insurance for Older Senior Citizen <input type="checkbox"/> Receiving Public Assistance <input type="checkbox"/> Other Health Insurance (Social insurance such as Health Insurance Association, Mutual Aid Association, National Health Insurance Association)							
<b>Type of Health Examination</b>	<b>Eligible person</b>						<b>Choice</b>	
	※ Age is the full age at the time of birthday by March 31, 2022							
Health checkup	Please check who is eligible for the health checkup (P1).							
Hepatitis virus	Please check the eligible persons for hepatitis virus screening (P7).							
Gastric cancer	Aged 50 and older [Once every two years] * Those who are aged 40s can also get a gastric X-ray examination.							
Colorectal cancer	Aged 40 and older							
Lung cancer	Aged 40 and older							
Cervical cancer	Women aged 20 and older [even age] ※ Even if you are an odd-numbered age, you can have a medical examination if you did not have a medical examination last year.							
Breast cancer	Women aged 20 and older [even age] ※ Even if you are an odd-numbered age, you can have a medical examination if you did not have a medical examination last year.							
Prostate cancer	Men aged 50 and older * Other health insurance and people receiving welfare benefits							
Dental health checkup	Residents aged 20 and older							

↓ Please circle your desired health examination

#### Notes

- ※1 It may take about a week to sending a form after receiving a request.
- ※2 After receiving the fax, we will send a health checkup form to your address.
- ※3 Medical examination forms that are not eligible for you cannot be sent.
- ※4 You cannot receive this service if you are not eligible on the day of the medical examination.

Filled by Shinjuku City Office	
受診番号	
受診券整理番号	211000
被保険者証等記号番号	
ご案内	要 · 不要
同意書	要 · 不要

受付者	確認者		
	1	2	3

# Contacts to obtain information and request forms for Health Checkup and Cancer Screening, etc.

## Telephone

Health Promotion Division  
Health Checkup Section ☎03(5273)4207  
Ushigome Health Center ☎03(3260)6231  
Yotsuya Health Center ☎03(3351)5161  
Higashi Shinjuku  
Health Center ☎03(3200)1026  
Ochiai Health Center ☎03(3952)7161

**Mon.~Fri.**  
(except holidays)  
**8:30~17:00**

## Fax

Please fill in the request form for health checkup forms, cancer screening forms, etc. on page 26 and send it by fax.  
FAX: 03(5273)3930

## Online application

Tokyo Electronic Local Government Joint Operation Service

Search

<https://www.e-tokyo.lg.jp/top/index.html>

※Prior registration is required.



## Service Counter

**If you would like to have a health checkup slip issued on the same day, please come here.**

〒160-0022  
Health Promotion Division Health Checkup Section  
Shinjuku Hokuseu Bldg. 4F  
5-18-14 Shinjuku, Shinjuku-ku  
Mon.~ Fri. (except holidays) 8:30~17:00

