

Shinjuku

Powerful, pulsating entertainment district



As many as 3.5 million passengers move through Shinjuku Station each day, making it the busiest terminal station in Japan. Exit to the east, and the large Studio Alta TV screen will be impossible to miss, with department stores and electronics dealers lining both sides of the street. Kabukicho, the symbol of Shinjuku's nightlife, features an array of theaters, restaurants, and bars. At Shinjuku Gyoen National Garden, you can get your fill of natural beauty all year round.

Distance & Time

4.8 km
Approx. **90 min**

Shinjuku Course

- ◆ Shinjuku Sta.
- ↓
- ① Hanazono Jinja Shrine
- ↓
- ② Taiso-ji Temple
[Shinjuku Mini Museum]
- ↓
- ③ Shinjuku Gyoen National Garden
- ↓
- ④ Former site of Yotsuya Okido
- ↓
- ⑤ Tokyo Toy Museum
- ↓
- ⑥ Fire Museum
- ↓
- ◆ Yotsuya Sancho Sta.

Recommended Tourist Spots

Movie City 映画のまち

Shinjuku has had an abundance of movie theaters since the pre-war period. In the golden age of Japanese cinema, around 1955, several large-scale theaters were completed in quick succession, including the Shinjuku Chikyu-za, the Shinjuku Theater, and the Milano-za. Recently, large cinema complexes like the Shinjuku Piccadilly and the Wald 9 Cinema have been growing in popularity.



Shinjuku Cine City Plaza circa 1955

Shinjuku Gyoen National Garden 新宿御苑

During the Edo Period, this was the residence of the Naito family of the Takato domain. It has been the Imperial Garden since the late Meiji period, and has been open to the public since 1949. The expansive grounds contain an abundance of natural beauty in every season, including cherry blossoms in spring, greenery in summer, red leaves in fall, and snowy landscapes in winter. Outdoor Noh performances by torchlight are held every October.



Shinjuku Gyoen National Garden is a famous cherry blossom site

Tokyo Toy Museum 東京おもちゃ美術館

This museum is unique in that it allows visitors to look at, make, borrow, and play with various types of toys. The "Toy Forest" in the museum includes a wooden sandbox on a *hinoki* (Japanese cypress) floor and a pool of balls that children can play in (after removing their shoes). The Toy Workshop, where visitors can try making their own toys, is a big hit among children and adults alike.



Wooden toys in "Toy Forest"