<HIV & STI testing service of Shinjuku-ku (Anonymous, Free of charge)>

The testing site will move to a new Location in April 2026

(pls check QR code on the reverse side)

・Languages: English＆Japanese

・Appointment: You can make an appointment through the Shinjuku City Health Center's website. The QR code for the website is provided on the reverse side.

・Besides the test for HIV, optional tests for Syphilis, Hepatitis B, Chlamydia are available. You cannot get tested for Chlamydia during your period. (In order to confirm that you are not infected with HIV, you must take the test at least 60 days after you had the opportunity to be infected.)

・The results will be informed in person on the Result-day shown in the chart. You cannot ask for the results by phone or e-mail. Taking a photo of the result record is not allowed.

Day time Test Schedule:

Dates & Hours: See the chart below. 2:30pm-4:00pm

	Test	Result		Test	Result
April/2026	2	9	September	4	11
	23	30		24	October1
May	7	14	October	23	30
	22	29	November	26	December3
	28	June4	December	4	11
June	25	July2	January/2027	7	14
July	3	10		28	February4
	23	30	February	26	March5
August	6	13	March	4	11
	27	September3			

Night time Test Schedule:

Dates & Hours: See the chart below. Thursdays, 6:00pm-7:00pm

As regards test dates only for males/females, please choose the test date by your gender recognition.

		Test	Result	Hours
Male only	June	11	18	6 to 7 p.m. (reception).
Female only	October	8	15	
Night time	November	12	19	
Male only	December	17	24	
Night time	February /2027	18	25	

Location:

Higashi-Shinjuku Health Center 2nd floor

(7-26-4 Shinjuku, Shinjuku-ku)

＜Rapid Test Schedule: Results available on the same day of the testing＞

Language: Testing in Japanese only, You need to make an appointment in advance at 03-5273-3859 (9am-5pm, Mon-Fri, You can also make an appointment online.)
Tests for HIV and Syphilis only (Chlamydia & Hepatitis B tests are not available)
To make sure that you are not infected with HIV, it is recommended to take the test after 90 days of the suspected exposure.
Results: You will receive the results on the same day of the testing in 1-2 hours after you check in.
In case your HIV test result turns indeterminate and requires confirmatory testing, the definitive result will be informed later on the Result-day of the Day time Tests shown in the chart.)

Rapid Test Schedule:	**Test&Result**	**Hours**	**Test&Result**	**Hours**
	Wednesday,24 June/2026	2:30pm–4:00pm	Wednesday,27 January/2027	2:30pm–4:00pm
Location:	Higashi-Shinjuku Health Center 2nd floor (7-26-4 Shinjuku, Shinjuku-ku)			
Inquiries:	Disease Prevention Section, Public Health Promotion and Disease Prevention Division, Tel: 03-5273-3859 (in Japanese only)			

<Scan to Access Appointment Site>